

Virtual Food Detective Workshop Overview

01 Welcome, Food Detective!

(5 min)

The course begins with an animation introducing Chip, your fellow food detective, followed by instructions and examples.

03 Get The Facts!

(13 min)

Students learn what nutrients come from food and practice reading ingredient lists.

05 All About Additives

(9 min)

Students learn about additives in our food and discover some of the more shocking ingredients in our food system.

02 The Mysteries of Marketing

(11 min)

Students learn how food companies market to them and practice identifying the target market and audience.

04 The Search for Sugar!

(11 min)

Students explore how sugar affects our mood and energy levels, and investigate some surprisingly sugary products!

06 Final Investigation

(10 min)

Students put their new food detective skills to the test as they help investigate their fellow food detective, Chip.

Sample Classroom Schedule

Monday

Administer pre-survey

[teacher reads questions as students fill out online]

Quick overview & Introduction

[teacher ensures students can access site, students complete module 1: introduction]

Tuesday - Thursday

Students asynchronously complete modules 2-6

- The Mysteries of Marketing (11 min)
- Get the Facts! (13 min)
- The Search for Sugar! (11 min)
- All About Additives! (9 min)
- Final Investigation Challenge (10 min)

Friday

Administer post-survey

[Teacher reads questions as students fill out online]

FAQ

How do students navigate within the program?

Access the main menu at any time by clicking the red "Back" arrow on the top left of the screen, or by clicking the home icon at the bottom of each page.

Do students have to take the lessons in order?

While students are able to access any investigation from the menu, they should complete them in order of appearance.

Do students need adult supervision to complete the course?

No, the course is designed to be used without adult supervision. It is ADA compliant and can be used with screen readers.